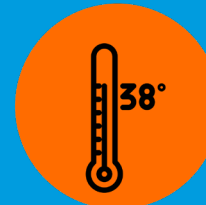
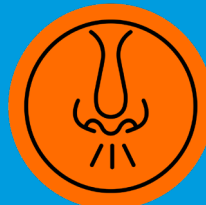


HOW ARE YOU FEELING?



Do you have a cough, a sore throat or a runny nose?
Are you short of breath or do you have a fever?



If you said yes to any of these questions, then you need to get a test for COVID-19. Please call Healthline on 0800 358 5453 or your GP Team to book a free appointment at a testing site in the MidCentral region.

FURTHER TESTING INFORMATION

- COVID-19 testing is available seven days per week across the district.
- You need to get a test for COVID-19 if you have any one of the following symptoms: cough, runny nose, sore throat, sneezing, shortness of breath, loss of smell or taste, fever of 38°C or above.
- We have six testing centres – two in Palmerston North, and one each in Manawatū, Tararua, Horowhenua and Ōtaki. We also have a mobile testing unit, which is available to visit people who can't get to a centre.
- The testing sites are operated by trained clinicians who will ensure your test is handled in a quick and professional manner while complying with all required safety protocols
- A marae-based testing centre is set up at Whakapai Hauora in Palmerston North.
- COVID-19 tests are free.
- More information can be found on the MidCentral DHB website or on the MidCentral DHB Facebook page
- Bookings are required to ensure we can manage your test in a safe and efficient manner.

Unite
against
COVID-19

Your assistance in helping us stamp out COVID-19
in our communities is very much appreciated.

