

MONDAY

Crispy Chicken Salad

Shredded chicken, lettuce, grated carrot, cucumber, crispy noodles and mayonnaise.

Snack: Blueberry muffin.

TUESDAY

Falafel Wrap

Falafel, lettuce, grated carrot, cucumber and ranch dressing in a wholegrain wrap.

Snack: Fruit yoghurt.



WEDNESDAY

Pulled Pork Taco

Pulled pork, lettuce, grated carrot, cucumber, mayonnaise and korean BBQ sauce in a wholemeal tortilla wrap.

Snack: Fresh apple slices.

THURSDAY

Beef & Cheese Sandwich

Roast beef, cheddar cheese, lettuce and onion relish in between slices of Oatlicious bread.

Snack: Orange wedges.



FRIDAY

Coronation Chicken Roll

Shredded chicken, garden mix, grated carrot, cucumber and aioli in an Oatlicious long roll.

Snack: Kiwifruit.

Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need gluten free or vegetarian options please make your teacher aware. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.